

## Gel & Acrylic Nails

Choose from a variety of semi-permanent colours from Bio Sculpture, EVO Bio Sculpture and Gelish. We specialize in attention to natural nail health and perfect application and you leave with dry nails that stay perfect for 2—6 weeks.

<b>Gel Overlay</b>	<b>45-90min</b>	<b>R230</b>
Gel application on natural nail. Soak included.		
<b>Gel Tips</b>	<b>90-120min</b>	<b>R300</b>
Tip extensions with gel application. Soak included.		
<b>Gel Toes</b>	<b>45-75min</b>	<b>R150</b>
Gel application on natural toe nails. Soak included.		
<b>Gel Pedicure</b>	<b>60-90min</b>	<b>R290</b>
Gel application on natural nail with a full pedicure including foot filing and foot massage. Soak included.		
<b>Gel Soak</b>	<b>30min</b>	<b>R60</b>
Professional removal of gel nails leaving natural nails healthy and tidy.		
<b>Acrylic Overlay</b>	<b>90min</b>	<b>R250</b>
Acrylic application on natural nails. Nail enamel application included.		
<b>Acrylic Tips</b>	<b>120min</b>	<b>R300</b>
Tip extensions with acrylic application. Nail enamel application included.		
<b>Acrylic Sculpture</b>	<b>120-150min</b>	<b>R350</b>
Nails are lengthened by building acrylic over nail forms. Ideal for very damaged or bitten nails. Nail enamel application included.		
<b>Acrylic Soak</b>	<b>30min</b>	<b>R100</b>
Professional removal of acrylic nails, leaving the natural nails tidy and healthy.		
<b>Acrylic Fill</b>	<b>60-90min</b>	<b>R230</b>
Maintenance for acrylic nails, recommended every 2-4 weeks. Nail enamel application included.		
<b>Nail Repair</b> (per nail)	<b>30min</b>	<b>R50</b>
Repair of broken, damaged or deformed nail.		
<b>Gel Add-on</b>		<b>R70</b>
Gel application on top of any acrylic enhancement.		

## Waxing (15% Discount on Wednesdays)

<b>Full leg</b>	<b>R200</b>	<b>Half leg</b>	<b>R150</b>
<b>Bikini</b>	<b>R90</b>	<b>Brazilian</b>	<b>R200</b>
<b>Under arm</b>	<b>R70</b>	<b>Lip/Brow/Chin</b>	<b>R60</b>
<b>Full Face</b>	<b>R150</b>	<b>Back/Chest/Arm</b>	<b>R140</b>
<b>Full Body</b>	<b>R680</b>		

## Gents

<b>Gents Facial</b>	<b>60min</b>	<b>R390</b>
<b>Gents Manicure</b>	<b>30min</b>	<b>R150</b>
<b>Gents Pedicure</b>	<b>45min</b>	<b>R190</b>
<b>Gents Combo (Facial and Pedicure)</b>	<b>90min</b>	<b>R480</b>
<b>Nail cut only</b>		<b>R50</b>
<b>Back wax</b>		<b>R140</b>
<b>Chest wax</b>		<b>R140</b>
<b>Nose wax</b>		<b>R50</b>
<b>Ear wax</b>		<b>R50</b>

## Teen treatments Age 8—16 years

<b>Teen facial</b>	<b>30min</b>	<b>R250</b>
<b>Mini Mani or Pedi</b>	<b>30min</b>	<b>R100</b>
<b>Half leg wax</b>	<b>20min</b>	<b>R120</b>
<b>Underarm wax</b>	<b>10min</b>	<b>R50</b>
<b>Mini teen spa taster</b>	<b>45min</b>	<b>R300</b>
A relaxing express back massage combined with a express mini facial, including cleanse and mask, ending with a mini head massage.		
<b>Fairy Back Massage</b>	<b>15min</b>	<b>R100</b>

## Let us host you

**Spoil your loved ones and tailor make your event!**  
Choose from any of our retreats or treatments, add steam room sessions, add light lunch. Your wish is our command.

Birthday Parties  
Tiny Tots (Age 4—12 yrs)  
Teen Treats (A13—16 yrs)  
Bridal Parties  
Bachelorettes

Contact us to discuss how we can make  
**Your event special!**

Etadi Wellness Centre | 19 Prinsloo Street | Ladybrand

Cell 078 244 1770 | [etadiwellness@gmail.com](mailto:etadiwellness@gmail.com)

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love yourself, value yourself

## PRICELIST

# Skin Therapy

All our facials include a foot, head, décolleté and arm massage. Optional complimentary brow and lash tint and shape are also included for all facials, except for the Basic facial. Ask your therapist about discount on a course of 6 or 12 treatments.

## **Basic facial** **60min** **R390**

A power cleanse facial that hydrates and revitalizes the appearance of the skin.

A Derma cosmeceutical product that improves skin tolerance, hydration, elasticity, decrease lines and wrinkles and improves skin health due to an increase in the thickness of the dermis.



## **Bio Active complex** **70min** **R550**

A potent yet gentle and safe active treatment, delivering powerful results, culminating in refined texture, pore size, elasticity and vitality.

## **Thermal Detox Peel** **45min** **R450**

Lunch time detox peel

Lamelie Research Laboratories is a South African biotechnology Research company that Manufactures products that are Innovative and evidenced based. The founders have over 25 years of medical and pharmacy experience to bring a unique perspective to the industry.



## **Cathepzyme treatment** **70min** **R500**

Improves the smoothness and texture of skin due to even exfoliation, exfoliates without disrupting the skin barrier.

## **Lacti-Firm** **45min** **R570**

For skin textural irregularity, poor skin complexion, epidermal hyperpigmentation. Improves the appearance of fine lines and enhance skin care product penetration.

## **Chemical peel** **R650 to R950**

Upon assessment we can establish which peel would be most suited to your individual needs. Peels include Alpha & Beta Hydroxyacid peels, Lactic, Retinol, Salicylic acid, DMAE, Glycolic, TCA and Skin Resurfacing a combination of Growth Factors and TDS solutions.

## **Derma needling** **90min** **R850**

A rejuvenating treatment indicated for a wide range of skin conditions, including sun damaged skin, lines and wrinkles, uneven texture and superficial scarring and to restore volume, elasticity, tightness and plumpness.

# Face and Body Therapy

All face and body therapy includes a welcome touch foot ritual. Add a light lunch and steam session for an additional R200.

## **Spa Taster** **70min** **R500**

A relaxing massage, starting at the feet, slowly working up the back of the body, concentrating on the major stress areas, combined with a 30 min facial, ending in a relaxing neck and sculp massage.

## **Absolute Face and Body** **100min** **R770**

By using relaxing massage techniques, stress is gently eased away. We incorporate an aromatic facial and complete the treatment with a rejuvenating scalp massage.

## **Dead Sea Mud Wrap and Massage** **105min** **R800**

Spoil yourself by exfoliating the entire body with salts from the Dead Sea and cocooning in Dead Sea mud, followed by a full body massage.

## **Body Exfoliation & Massage** **75min** **R600**

Exfoliation of the entire body, followed by a full body massage. Targets poor circulation, toxin build-up and water retention.

# Retreats

## **½ Day Retreat** **3½ hrs** **R850**

Steam room session. Back, neck and shoulder massage. Indian head massage, Spa pedicure and a light lunch.

## **Relax Day Retreat** **5 hrs** **R1250**

Steam room session. Therapeutic massage, Spa manicure, Spa pedicure, Indian Head massage and a light lunch.

## **Deluxe Day Retreat** **6 hrs** **R1800**

Steam room session. Body exfoliation and wrap. Spa manicure, Spa pedicure. Absolute Face and Body. Light lunch.

# Massages

Back, neck and shoulder	<b>25min</b>	<b>R250</b>
	<b>45min</b>	<b>R380</b>
Therapeutic massage	<b>60min</b>	<b>R495</b>
Muscle Detox massage	<b>70min</b>	<b>R600</b>
Etadi Head massage	<b>25min</b>	<b>R200</b>
Etadi hand or foot ritual	<b>25min</b>	<b>R200</b>
Le Stone full body	<b>80min</b>	<b>R600</b>
Le Stone back, neck and shoulder	<b>45min</b>	<b>R400</b>
Lymphatic therapeutic massage	<b>70min</b>	<b>R500</b>
Lymphatic specialized area	<b>30min</b>	<b>R220</b>
Lymphatic Medical	<b>60min</b>	<b>R600</b>
Lymphatic Medical	<b>90min</b>	<b>R800</b>
Warm Soy candle massage	<b>30min</b>	<b>R300</b>
	<b>40min</b>	<b>R550</b>

# Hands & Feet

Express Manicure (no massage)	<b>20min</b>	<b>R150</b>
Spa Manicure	<b>30min</b>	<b>R180</b>
Add French Nail Paint	<b>10min</b>	<b>R50</b>
Express Pedicure (no massage)	<b>30min</b>	<b>R190</b>
Spa Pedicure	<b>60min</b>	<b>R250</b>
French Pedicure	<b>85min</b>	<b>R270</b>
Paraffin wax treatment only	<b>25min</b>	<b>R180</b>
Add paraffin wax to any treatment	<b>20min</b>	<b>R100</b>
Nail paint (polish change)	<b>20min</b>	<b>R100</b>
Mani & Pedi combo	<b>90min</b>	<b>R400</b>

# Tinting

Eyelash	<b>20min</b>	<b>R70</b>
Eyebrow	<b>10min</b>	<b>R60</b>
Full programme (includes brow shape)	<b>30min</b>	<b>R150</b>

# Eyelash Extensions

Full set Classic	<b>90min</b>	<b>R580</b>
Full set Volume	<b>120min</b>	<b>R680</b>
Full set Hybrid	<b>100min</b>	<b>R630</b>
Classic / Volume Fill 1 week	<b>60min</b>	<b>R200</b>
Classic / Volume Fill 2 weeks	<b>60min</b>	<b>R250</b>
Classic / Volume Fill 3 weeks	<b>60min</b>	<b>R300</b>
Classic / Volume Fill 4 weeks	<b>60min</b>	<b>R350</b>